

NOVEMBER ISSUE

BARB-ENHEIMER REVIEW

CELEBRITY
GOSSIP

"The Summer I Turned Pretty": Book vs Show

#50th 9ssue! Take a peak at seniors' last first day



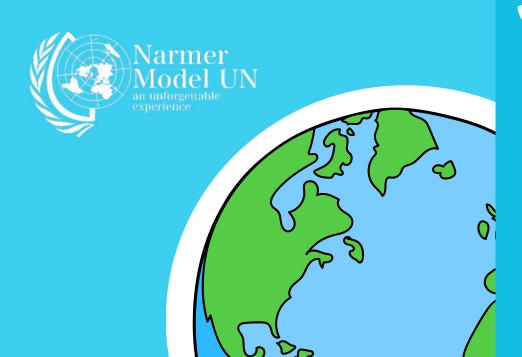
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ULTIMATE
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MOVIES

New York 2023 Recap!

"Taylor Swift returning with 'The Eras Tour'"

NARMER MODEL UN

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WORDS FROM YOUR EDITORS

Dear Reader,

Whenever I bought the 'Why Not?' magazine before I got to high school, I'd read every single article, focus on every headline and byline. I would construct an entire analysis to break down the structure or theme of every issue. Despite my effort, one eternally unanswered question remained a mystery to me: how did a bunch of high school students manage to get this done?

My curiosity got the best of me, and tempted me to join the 'Why Not?' writing team as a 9th grader. Then, I thought, "What if I keep working my way up to Editorin-Chief?" With the guidance of my high school principal Mrs Hala Tewfik and the greatest former Editor-in-Chief Mariam Okasha, I managed to work my way up to the top. The fact that I currently hold the title for Editor-in-Chief doesn't really surprise me; however, when the answer to my eternal mystery was presented to me, I was caught off guard. Because working with this year's 'Why Not?' team on the 50th issue made me understand how we actually manage to get this done, and how grateful I am in my position to be working with the best team ever. From every writer's words, to every designers creative mind, every photographer's precision, editor's punctuality and my greatest friends and fellow editors Mazen Marwan and Layan Elseasi whom I could've never survived without, I am proud to announce that we made this issue come to life!

As the autumn leaves start falling down into place, I hope from the bottom of my heart that every reader is inspired to continue the legacy of this extraordinary project just as I was as a little girl. And as a graduating senior this year, I also urge everyone to make the best out of their school years - join the clubs, make new friends and aspire to learn more. I dedicate this issue to the people out there who have failed time and time again, yet they've never given up. You'll always have new Septembers, so persist on your goals every time you get the chance - you might find yourself working on this magazine's 100th issue.

Sincerely, Habiba Hossam Back when I used to buy copies of "Why Not?" issues in my break from the, now long-gone, high school students, I never once imagined myself typing in my name in the credits section of any issues to come. Not even as a writer. That wasn't due to low self-esteem or anything either; the idea of being in charge of something I admired so much at the time was outlandish to me, and fear of not being able to live up to the standards any of the previous editors-in-chief set just killed any early signs of that dream.

Today, as I write my first-ever editorial, I look back to the times I imagined how interesting high school students' lives may be. What the ones in charge of our MUN and TEDx events did in their day-to-days, what the magazine team meetings must've been like and what the Student Union members did to improve their well-being and solidify their interests in school were all questions that raced through my mind back in middle school. Now that I think about it, I guess I got my answers! My high school years have been some of the most magical moments I have ever had the opportunity to experience, and the work I did with some of the most talented students there will live on forever.

The legacy we continued and the footprints we left are signs of a good team. One with filled genuine care for one another, compassion, empathy and, more importantly, an overflow of individuality and essence never to be found again. I would not trade the friends I have made along the way and the teams I have stuck with for the world, and I wish them all the very best. One person I should especially thank is my sister-in-arms, who has been there since our first introduction to our high school years, and editor-in-chief alongside me this year: Habiba Hossam. Between our late-night phone calls, frantic last-minute decisions, and hours upon hours of Zoom meetings, she has shown time and time again why we always get the chance to help in the organising of virtually every extracurricular this school has to offer. With her creative prowess and bold personality, she has truly been the greatest companion I could've asked for. So thank you, Habiba.

Mazen Marwan

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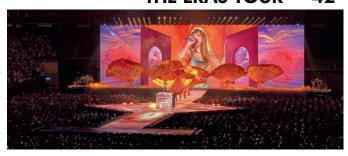
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A MEETING WITH ITS MAKER: ADAM ELSAYIGH, THE 'WHY NOT?' FOUNDER

t's safe to say that neither you nor I have witnessed the early days of MNS students' main voice, the 'Why Not?' magazine. I mean, it started 11 years ago! It's so old that its founder, Adam, has already graduated. From college. A while ago. However, with the help of our dear Mrs. Hala, I was able to track him down and contact him! I did the honours of announcing that not only did the magazine he created in high school turn 12, it also reached 50 issues! Saying that Adam was overjoyed is truly an understatement. I asked if he was okay with us interviewing him and, by the looks of it, he very graciously agreed. Now the full interview was very lengthy, but amidst the light-hearted conversation we had, I managed to ask the student-empowerment pioneer a few questions that you might have on your mind. Here are some of the interesting ones:

Who are you, and what do you do?

"I mean, I'm mid 20s. Playwright and screenwriter and also PhD student studying Theatre and Theatre History at the City University of New York. I'm from Egypt. I went to Narmer about 10 years ago now, when I was in high school."

Which year did you graduate?

"I graduated high school in 2014. So it's been almost 10 years... And then I went to Abu Dhabi for NYU Abu Dhabi. After that I studied Theatre and Film, and then I moved to New York. And when I was in Narmer I founded "Why Not?" as an idea because I was always excited by the idea of students having a voice and how they talk about themselves and how they talk to each other. And having documentation of that and so. yeah, that's when it started."

Do you think that the work that you do now was inspired by your past work and 'Why Not?'?

"Yeah, I mean, I think I started 'Why Not?' because I was very interested and having a dialogue with my peers and with the community around me. ...It's also why I'm a writer today. And it's what I hope to keep doing."

"I WAS ALWAYS
EXCITED BY THE
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DOCUMENTATION
OF THAT..."

What was it like starting a magazine completely from scratch?

"I think everyone thought I was crazy, except for Mrs. Hala. Mrs. Hala was one of my favorite teachers in high school and I really admired her. I remember being a child, basically, and looking to her as an adult; because she just looked like she believed in my ideas, and that made me believe in my ideas more. And it was just a continual addition of that, and that was just so important to me. On the other hand, there were many people that, I think, they were not in any way trying to be mean or anything but they did not- The idea of having this school magazine like, people struggle with like "Why do we care? Why is that important? What does that mean?" And so that was definitely something a little challenging."

Do you think you have any advice for future managing editors as you know, the creative or for any future writers that might be interesting?

"Think about why you're doing it. What does this mean to you and why. And also think about what you think about how you're going to do things in a way that's different from the person before you. I actually cannot give you advice on how to run a successful school magazine. That has an infrastructure and a following and a base; because I never had that. I think I if you actually look at this first magazine, and the fourth and fifth issue, you will see a difference is that like the first one, I was just putting the stuff I cared about in it was just about me. It was like The Adam Show. And then at some point I kind of realized that like the only way this was going to work is actually if you center like what people are excited about. And that sometimes means like decentering yourself like it's not always about you."

Adam also had some final words he hoped all of the writers, editors and designers at Why Not?, along with the soon-to-be members of our team, would hear:

"IT'S NOT ABOUT THE PRODUCT. IT'S ABOUT THE PROCESS. THINK ABOUT THE **MEMORIES** VOL ARE MAKING, FOR YOURSELF AND FOR EVERYONE AROUND YOU DURING THE PROCESS. THAT IS THE THING TO HOLD ON TO THAT IS THE THING THAT'S **MOST** IMPORTANT. ENJOY THAT AND LET THAT BE A WAY FOR YOU TO HAVE COMMUNITY."

That was the interview that I, one of Why Not?'s two editors-inchief, had with the Narmer and NYUAD graduate, playwright, screenwriter and inventor the of magazine you have in your very hands right now: Adam Elsayigh. We hope his words inspire those yet to come, and may his thought of a studentrun school magazine stay a reality for at least 50 more issues.

By: Mazen Marwan

Throwback 56



TO ALL ARTICLES

50th Flashbacks

The Why Not? magazine has been a Maadi Narmer School legacy since 2012, when its very first issue was published. Now it's 2023 and we've officially reached the 50th issue! Every generation of Narmerians has undoubtedly contributed some amazing articles to the school magazine. Out of an abundance of hidden gems found in each and every issue, we've gathered some of the most notable articles to all collectively throwback to.

Starting off strong with an amazingly written piece by Maadi Narmer's own Youssef Azzam about the first CWMUN that MNS students attended in 2015!

10 Days In The Big Apple Youssef Azzam

Since I started high school, I've always heard about the MUNs that take place at the AUC or here at school, and how it's a life-changing experience that will broaden your horizons and make you see life from a different perspective. All of those claims have proved to be true. From my first time, I became so indulged, and that's why I decided to take my MUN experience to a whole new level and joined our school's first International MUN attempt in New York.

If having a MUN experience in the AUC was a nice sundae, then the MUN experience in New York was undoubtedly the cherry on top! Aside from getting the chance to take one more city off my bucket list, meeting new people from all around the world was one of its most beneficial aspects. I got to meet people from Italy, Venezuela, Las Vegas, New Jersey and Brooklyn. I sat down with them to get to know what they think of and how they perceive many topics other than those discussed during the conference- and mainly life from a different perspective than mine. I've gained knowledge of different cultures and lifestyles, in addition to making new friends from many different areas



From the moment I set foot in the Big Apple, I recalled all the movies I saw when I was a child that took place right here in New York. While walking through Times Square and the streets of Manhattan, I would look up to watch over for Spiderman like I always dreamt of doing as a child. Also, I would keep an eye on the statues in the Natural History Museum for when they come to life like they did in Night at The

One of the things I enjoyed the most was finally figuring out the reason why the Americans are pegged as the standard-bearers for obese people: these people sure do know how to eat!

They serve you extremely large food portions at quite a reasonable price. Their food options vary from the Old-American Burgers and fries to Mexican Tacos and burritos and also Chinese noodles and fried dumplings - so you're never forced to eat the same thing twice.

The best site of all that we visited, during our stay in New York, surely has to be the Statue of Liberty. The ferry ride to Liberty Island was indeed outstanding as it gave us the opportunity to take a wider, broader look at NYC's skyline and skyscrapers, which was absolutely breath-taking. Not to mention all the pictures we took next to Lady Liberty which will forever remain a remarkable memory.

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In a nutshell, I would like to thank the school with all its teachers and supervisors for making this trip one of the best trips, if not the best I've ever experienced. This whole trip did not only give me the chance to make new friends from around the world, but also gave me the chance to get to The highlight of the trip would, without a doubt, be the night when we decided to hit the arcade after having a scrumptious dinner, which is something ordinary in NYC. We won over 8,000 tickets- with some people winning

over 1.000 tickets on their own - and that's when we decided to collect our prize before leaving the arcade, which led to the birth of our new friend, Sarhan whom you can find sitting around at Mrs.Hala's office.

Moving on to some more politically associated writings, a shorter article featured in our 28th issue by Mallak El Baradi covering the moment women finally gained the right to drive freely in Saudi Arabia after a long journey of fighting, while still addressing some of the gender inequality problems residing in the country itself.

> Women in Saudi Arabia have been granted the right to drive.

Saudi Arabia surprised the world with royal decree that permitted women to drive starting June 2018.

This historic royal decree recently issued by the Saudi Foreign Ministry.

This is considered to be a great victory for many Saudi women who fought for that right for decades.

Many Islamic scholars justified the ban stating that it follows the country's strict principles to segregate genders. While human rights lifted the ban, seeking more equality and freedom for females in the conservative society.

This same issue was also quite unique in the sense that it was dedicated to those diagnosed with breast cancer, and many of its funds were donated to breast cancer patients in need.

Narmerian students are not new to predicting future events. Whether concerning things as small as the ending of a popular series, to the next shift in the Egyptian economy. Except, one of the older articles was specifically eye-catching, predicting the success of one of today's greatest footballers, Kylian Mbappe.

Kylian Mbappe

The young promising talent set the world alight with the French league winners at Monaco, where he scored a total of 15 Goals in 29 games.

Mbappe has scored more Champions League goals (5) than Messi (1) and Ronaldo (0) at the age of 18. He also had the best shot accuracy from all the forwards in his team with 76% of his shots being on target. His amazing stats and incredible season earned him his "big money" move to the French giants PSG with the transfer costing €180 Million. PSG are hoping for his marvellous form to improve even more to help them challenge for the trophy they've been dreaming about for a very long time, the Champions League.

Football never lets us down when it comes to entertainment, and the young players are a huge reason for that. The future is bright, and maybe one of these youngsters could win the Ballon d'Or one day.

Another successful (well kinda) prediction made by Gannah Mohamed was about the downfall of one of the most iconic and popular groups' relevance in current pop culture. The name is known to everyone for... diverse reasoning - The Kardashians.

A little over a year ago, the Kardashians were as usual, popular and talked about, but not until the beginning of 2016, they were all over the news! In other words, they went viral.

First, since Saint West's birth, Kim and Kanye were always mentioned and not long after, Kylie had her lip kit out. She as well as her sister, Kendall, were always mentioned. Now, the most viewed out of them is Kanye, as he was struggling with health issues and was hospitalised for a few weeks. After taking a break from social media, Kanye is now back on track and about 1 or 2 months ago, he met their new US president, Donald Trump.

In my opinion, the Kardashians haven't affected our lives in any type of way in the past few years. For example, Kim started off as Paris Hilton's maid, and now she's famous for not being a maid. As for Kendall, she's a model and models high fashion on a runway, which doesn't surprise me. In addition to Kylie, who's famous for her photos with amazing Photoshop skills that would get over 1 million likes. She's also famous for her lip kit that has repeated colours like other lip products that you can buy anywhere else.

It doesn't amaze me that they have apps for each individual Kardashian (and Jenner), and a videogame that they receive money from. So at the end, they are overrated for no apparent reason. They got famous from their dramatic, annoying show that I haven't been keeping up with for quite a while.

While I personally may not completely agree with everything mentioned, I think I speak

for more than just me when I say the show does provide quite a few laughs due to some of the sheer dramatic stupidity displayed. A mere example is when there was once an episode-long conflict because Kourtney borrowed one of Kim's bags for one night without asking.

Our final article featured is more recent but vastly overlooked. It is about the first Egyptian brand to EVER win a Vogue Fashion Prize, Okhtein. This brand was worn by many of the western stars you know and love such as Emma Roberts, Kris Jenner, Emma Watson, and last but not least - the queen herself - Beyonce.

Egyptian Brand Wins Vogue Fashion Prize

For many people, modern-day life might be very difficult, especially when today's prices can destroy your life savings. Torn between low-quality products and designers' brands, people look for affordable, moderately priced bags to fit their taste, and please them for good, so that they do not have to worry about being broke afterwards.

Due to their vision to bring back luxury and opulence to their home country, as to grabbing the attention of international eyes to Egypt's artisanship in rich accessories; two sisters, Aya and Mounaz, decided to start their own brand, Okhtein - meaning 'sisters' in Arabic. Sensing a huge gap in Egypt's Market for true splendour accessories, Okhtein seeks three things: one, to promote Egyptian Artistry. Two, to set new, different trends for the world to see. Finally, to present their designs internationally.

Both being born and raised in Cairo, the duo were never interested in studying, and from a young age, were looking forward to working more than anything else. For that reason, they cut their education short, studying for 3 years in university instead of 4. As soon as they graduated from the American University in Cairo, they began their path towards manufacturing bags to let their artistic tendencies intertwine.

Between Mounaz's painting artwork and Aya's experience with design and digital arts, Okhtein came to life in 2013. Aya and Mounaz have started gaining inspiration from the heart of Cairo, wandering the city's streets. Their eyes fell on the beautiful architecture of Old Cairo, which was the inspiration for their first collection, named Fatimid Façade. Skimming further into Okhtein's designs, you'll find how the design completely differed, haunting a totally different audience.

It was such a shame knowing that all those brand names like Gucci and Chanel use genuine leather imported from Egypt, and that we have some of the best craftsmanship, yet our market lacks high-end quality bags that bear unique signature designs", explained Mounaz. In order to make only one bag, it has to go through seven workshops

with many different people taking part of it to result in its brilliant outcome that we see today. Also, part of the money gained goes as charity, as to teaching people who want to work, how to design.

The best part? Here it is. You won't believe who wore the bag. I won't list though, there are a lot, but I'll mention some of your favourites. First celebrity to be spotted rocking a bag manufactured by Okhtein was Emma Watson, followed by Kris Jenner, Emma Roberts, Khloe and Kourtney Kardashian then Gigi Hadid. Oh God, can you believe that Gigi actually wore it? Probably not. We're still not done here! Guess who was appointed as their brand ambassador? Yes, your favourite actress, Amina Khalil, is the brand ambassador for Okhtein!

Since the duo won first place in the accessories category of the DDFC/Vogue Fashion Prize for 2016, they've been working non-stop, no time to even breathe, to put together something that fits your taste. They have taken the prize as a driving force for them, as the title came with responsibility, aiming more hard work from them.

Due to their success, they finally opened a branch in Egypt, in Zamalek, after years of scouting; they found the most suitable place for them. The designer duo are clearly building their empire at a fast, astonishing pace, no need to pause at all. We're impatient for their next client, it seems someone rather important. So, what are you still doing reading this? Go spend some money on this rich leather intertwined with copper and gold, and be sure to go somewhere fancy with it.



And that marks the end of our Flashbacks for 50 article, celebrating Why Not's 50th issue. After an incredible journey of 50 issues, it's time to bring this milestone to an end. We've covered a wide range of topics from current events to personal experiences, and it has been a privilege to share these stories with you. As we reflect on this journey, we're reminded of the power of storytelling and how much there is to learn from each other. We hope that you've enjoyed reading our magazine as much as we've enjoyed creating it. Here's to the next 50 issues and all the wonderful stories that are yet to be told!

By: Laila Ahmed



































































WORDS FROM YOUR SENIORS ...

I love MMS and Messi Ahmed Hany



Being a senior made me realize that school is like a second home to me, and has taught me so much not only in education but in life too.

It really kicked in that I am a senior when I felt emotional during the senior parade. - Jana Khorshied

Being a senior is transitioning from "can't Wait to be a senior" to " where'd all the time go" and that marks the senior experience. - Nour Swidan

Honestly, not a lot going on. It's just crazy to think that graduation is around the corner and I need to start brainstorming my next big move.

- Waleed Tamer

Being a high school senior is an exhilarating and emotional journey, filled with an overwhelming love and appreciation for the lifelong friendships that have blossomed along the way. - Zeina Reda & Habiba Hossam

> Being a senior in high school, especially narmer is one of the most heartwarming feelings ever. I get to relive the past seniors' experiences and I get to be a role model to the little ones, and be their source of inspiration and guide - Jana Gamal





Really enjoying my senior year so far, the last first day, hanging out with my friends and preparing my college applications. Can't wait for graduation!!!! - Nadia youssry

For me, school was more than just a building — it was my second home. I will miss the IG floor especially 407. Graduating? Psh, forget about it — I never wanted to leave!

- Jamila Dahshoury

No matter how much time passes, I will never forget the exceptional memories I have created at school. ~ Malak Sadek



I will miss
grabbing breakfast
from el Wahy with
my friends
- Haya ayman

As a senior, we feel a mix of emotions - excitement for the future, nostalgia for the memories we've made, and a sense of accomplishment for all that we've achieved.

We'll definitely miss the sense of belonging and the IG office.

~ Heba Hazem & Zeina Gasser



As a senior, not attending classes and playing football during breaks will be missed the most.

- Ali Mansour



*Shaden carrying
the weight of being
the best senior
photographer*



ALCIGAL THE SCHOOL WALLS





As a new school year emerges, and students grow, MNS high schoolers decided to do something new, something different. And so due to a lot of time brainstorming and thinking of ideas, the MNS high schoolers opted to construct some new and exclusive school clubs. With some projects being beneficial to the community, and others being just fun. Now you might be thinking, how exactly are school clubs enjoyable and beneficial? Well, let me tell you!

With numerous great ideas and propositions, the high schoolers ultimately concluded their brainstorming with 6 projects on the main table. These are:

The Debate Club: High schoolers enter a chosen class of youngsters with a specific topic in mind. After presenting the topic, of course, in a witty and informative way, the students are encouraged to debate about the chosen topic at hand with its pros and cons.

The Choreography Club: This is where 10th graders teach younger students the art of choreography, creating new and creative dance moves and waltzes on certain music. Also naturally, performing in events as a team.

The School Band: A mixture of talented students coming together to form a group, playing and performing beautiful music at events, and practicing together as a band. Piano, guitar, drums, choir, they do it all!

The Journalism Club: The famous 'Why Not?'

magazine of 12 years, a real accomplishment in the name of the school. Where members put heads together and think of interesting topics to write about. With the new addition of **The Insiders Club**, as members do interviews and questionnaires with people coming from school events, such as seasonal fairs or the MNS TEDx Event.

The Football Club: This year's high school football is back and better than ever! Where a couple of seniors train 9th grade students onto their way to football success! The club is also planning on extending their matches to local friendly ones against other schools. So, watch out for the new Narmerians football team!

The Community Development Club: This year, MNS students plan on taking their ideas to the next level. 9th &10th grade students are given the chance to teach on campus matrons and workers the English language, showing them how to read and how to write! Honestly, if that doesn't scream community development, I don't know what will.

There are so many projects that our students have sights on, and with MNS high schoolers, the only boundary is their imagination. So stay tuned for more action packed school clubs coming your way!

By: Ismail Fouad





















A class president is usually the leader of a student body class, and makes the most important decisions for their peers. This year's class presidents are ready for a new set of challenges such as overseeing their class and making critical decisions. As fun as being a class president may sound, it's actually very hard and comes with great responsibility. Having to stay updated on all the important ideas in your class and negotiate with different parties is a demanding job that requires a certain set of skills. However, this year, new students are running for class president with competence.

The winners in Year 10 were: Adam Sherif and Zain
Mohamed from Class 10A, Hana Mohamed and
Youssef Saleh from Class 10B, Maya Swidan and Layla
from Class 10C, Youssef Edrees and Mohamed Walid
from Class 10D.

The winners in Year 9 were: Mohamed Korayem and Nour from Class 9A, Lamar Ahmed and Ali El Kashaf from Class 9B, Raya Kurdi and Yassin Mahmoud from Class 9C, Ali Matar and Yahia Moataz from Class 9D.

In a nutshell, this event really helped students unleash their inner leaders and develop a sense of responsibility for their class.

"FROM CANDIDATES TO CHANGE-MAKERS"



Each class has a number of candidates going head-to-head, fighting for the title of class president. This event was supervised by our principal, Mrs. Hala Tawfik, who oversaw the entire election process from start to finish. She started off by explaining to each class how elections are supposed to be conducted and gave us a demo on how real elections are run. She was very cooperative, and ensured that students understood every single point and got the whole picture. Mrs. Hala definitely encouraged and motivated us to become the best. She also made sure that the voting process was fair by attending each candidate's presentation, ensuring that everyone was paying attention, and disqualifying anyone who didn't deserve the title of class president.



Amidst the victorious chaos, I had the opportunity to interview one of the winners.

Raya said, "I'm so grateful to have a class that trusted me, my judgment, and my voice to unite others."



After some thrilling class president elections and a hectic JCIMUN week, MNS high schoolers eagerly anticipate the annual NMUN spectacle. Following the yearly tradition, our seniors promise a profound experience for all participants. Not only is this year exceptional for its innovative take on the event, but it also offers grades 7, 8, and 9 an opportunity to take part in one of the most memorable happenings in their academic year. From the new changes to the NMUN traditions, we'll catch you up on everything you need to know.

WHAT IS THE NMUN?

Standing for Narmer Model United Nations, the NMUN is simply an effort to provide Narmerians with a larger understanding of global politics while enhancing their skills in leadership, debate, and public speaking. Needless to mention, the NMUN aims to follow in the footsteps of the renowned United Nations Conference found in New York City. Classified into eight councils, the MUN consists of the Economic and Social Council, the Council of Historical Events, the Human Rights Council, the Security Council, United Nations Office on Drugs and Crime, and, for the first time in NMUN history, the International Court of Justice, and UNESCO. Based on their personal interests, students are free to choose one of the varied councils, each of which offers a distinct journey. Upon arriving at their councils, participants are referred to as delegates, for each of them will soon be representing a certain country in a worldwide conflict. Between the intriguing conferences where students become more familiar with their council's conflict, there are always the heart-warming breaks in which everyone shares a delectable meal, not to mention each other's diverse company.

WHAT'S NEW?

As always, the creative minds behind this grand event spare no effort in revolutionizing the NMUN experience. Therefore, this year is anything but short on innovation. Following the legacy of former secretary general Mariam Okasha and organizing committee head Abdullah Shoukry, this year's high board (Habiba Hossam, Mazen Marwan, Zeina Gehad, and Jana Gehad) has decided to introduce two new councils. Moreover, the expanded academic committee and the new and improved organizing committee are sure to have a lasting impact on the MUN's progress.

WHY JOIN?

In light of recent events, it has become increasingly apparent that everyone should have some kind of political background. While taking part in the conference will widen your diplomatic lens, it will also allow you to utilise such information with the ability to negotiate for your stance and have a team of individuals who support you while doing so. Additionally, participating in any MUN would elevate your chance of being accepted into any university around the world, especially if you consider a political career path. Interested in working at the NMUN next year? Joining as a delegate will almost quarantee you a position later on. Fresh from JCIMUN, grade 9 students in particular may think it useless to participate in both, but I beg to differ. Although the JCIMUN experience is extravagant and overwhelming, the NMUN never fails to render a prominent sense of warmth and home exclusive to narmerians.

Only in a few weeks will the all-new NMUN conference take place, encapsulating a unique, awe-inspiring week of controversial debates and accelerating affairs. Only in a few weeks will your friends become country representatives with a voice that reshapes its future. Will you join them?

By: Adam Sherif

NMUN'24 TEAM HIGHBOARD

Secretary General

Secretary General



Organizing **Committee Head** **Committee Head**



ACADEMIC COMMITT

UNODC SR



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Hana Yahia

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UNESCO



Rana Shouman Mohannad Samer Farida Kamel

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Zeina Nayef Sherifa Hassan Mariam Hantira Habiba Ayman

ORGANIZING COMMITTEE

RECEPTION AND FINANCE



PHOTOGRAPHERS



CO-ORDINATION



PUBLIC RELATIONS



MULTIMEDIA & MARKETING



Nour Swidan

Adam Wael

ADMIN AND BUSSES



MNS Fundraising Camp

2023

On November the 2nd an exciting event will be happening in Maadi Narmer School: a camp for years 4 and 5 will be taking place in the school. After November's second school day ends, the students will head towards their tents and participate in several fun activities involving teamwork and leadership-building activities. The menu will include delicious food such as Koshary for lunch!



This fun event has a more important purpose behind all the fun and games: raising money for a GOOD cause. The money earned will be given to a local hospital in the hope that everyone will get better. Year 9 students are trying their best to make sure that the event will be exhilarating while raising enough money to make a difference.

Despite all the efforts mentioned above, MORE hard work is needed. That is why all students are encouraged to help. If you're not in year 9, you can share your ideas with their students. You can suggest games that can be played with equipment readily available at school. You can even, as part of the marketing team, design more posters to spread the word about the camp. Remember, beneath this fun event is an important cause; this IS a fundraising event after all...

Now you might be asking, who will be organizing this event? Well, the school iswith a LOT of help from year 9 students of course! They've been working tirelessly over the past few weeks to plan the games that will be played. They're currently scouring the internet for ideas to make sure the event will be a huge success!

Examples of their efforts include the posters that the marketing team is designing; the music playlist the entertainment team is compiling; the complicated calculations the finance team is calculating, and the activities the activity team is planning. Come help us plan this unforgettable event!

By: Rana Basim



INEWYORK TRIP 2023 By: Sohayla Sami RECAP

hat could possibly feel better than having a trip to New York after a hectic week of exams?

Year 9 students were blessed to be able to have a trip to New York to attend the C4CMUN conference, and be able to see the amazing sights they see on the internet daily! The New York trip started on March 1st and ended on March 10th. Each day was more interesting than the day before. Upto the last day of the trip, we still wanted to visit different places. Thanks to the teachers that were there with us, everyone went to the place they wanted to go to, starting from the New York Subway to the biggest outlets!

The trip was divided into two parts. The first 3-5 days revolved around the conference which was full of different councils and different debates. It was an amazing experience, as we were able to meet different people with different nationalities, we learned how to fight for what we want, and how to convince someone with our point. However, C4C wasn't just a learning experience, it also allowed us to make new friends from Egypt, Saudi Arabia and Lebanon. If it weren't for C4C, some amazing bonds would have never been made, whether these bonds were with people our age or even our associates! It was well organized and not a second passed where anyone felt bored.

The following days consisted of visiting the most popular places in New York. We visited the New Jersey Outlet, where everyone's wallets/credit cards were crying that day due to the amount of money that was being spent. The Outlet was two floors; even though we stayed there for the whole day, we still weren't able to enter all the shops! We also visited Brooklyn Bridge and The Statue of Liberty. Both places looked better than they are in any photo, you have to see it with your own eyes to realize how amazing the place is, like everyone says. The next place we visited was a breath of fresh air for nature lovers like me, Central Park! Central Park is a place where you could simply enjoy how beautiful the world is. Every step you take; the park gets much prettier than it was Just imagine, River, animals, trees, flowers all combined together in one place! It looks even better in real life than it is in your imagination (trust me).

After that, we visited the top of the Rockefeller Center. I think at that point, everyone's phone storage ran out. The place was amazing to the point that you can't even explain how breathtaking it was! We went there at night, and let me just say, from the second my feet came out of the elevator, my breath was taken away! It was the coolest thing ever! It had the most amazing view of the Empire State. It was one of my favorite places on this trip. We also visited Woodbury Outlet. To be completely honest, aside from how amazing the place looked, I didn't really like it. Although I was able to buy a shirt or two, everything was too expensive and wasn't really worth it. However, it felt like a fun outing with your friends, just like how this whole trip felt like.

In between all the amazing places we visited, we also had to fill our stomachs to the brim. I think it's safe to say that we tried different varieties of food starting from I-Dollar Pizza all the way to Red Lobster restaurant. Food was a bit difficult there for some of us, but luckily we managed. A special thanks to Sam's coffee and Gregorys coffee, if it weren't for both these places we wouldn't have survived breakfast.

A place that I think we'll all miss deeply is CVS pharmacy; even though you might think that it's stupid compared to all the other amazing places we visited, CVS is probably the only place that we went to daily, whether it was to get something to eat quickly or to just go in there for fun.

Overall, it was such an amazing experience that was filled with lots of activities. It wouldn't have been this fun though if it weren't for the teachers: Mrs. Hala Tawfik, Mrs. Menna Abo el enin, Mrs. Heba Rashed, and our associates who went there with us and made sure we went to every place we can think of in those 10 days.

The group that came with me made the trip ten times better. I became closer to people I never imagined myself talking to. Every person that was there was so fun to talk to, and honestly without them I wouldn't have enjoyed the trip this much. They made everything more fun starting from walking for 30 minutes just to reach our destination or when we just simply sat in the lobby at night together after a long day. This will definitely be a trip I'll be looking back at for the rest of my life.

THE TOP 5 PLACES TO VISIT IN NEW YORK

By: Ahmed Elsaid

he Big Apple, The Empire State, The City that never sleeps, Gotham are just a few of the endless nicknames that people have given New York. Personally, I love to call it 'The City of Dreams' because not only is it a place that millions of people dream to visit, it's also a place where people manage to achieve their dreams- no matter how far-fetched they seem. I encourage you to travel to NYC if you get the opportunity to, and here are the top 5 places that you should visit in New York recommended by someone who's recently been to New York themselves:

5- STATUE OF LIBERTY

Coming in at Number 5 - The Statue of Liberty: even though it's such a simple and cliché attraction, it should still be somewhere on your bucket list. To get to Liberty Island, you'll need to take a ferry boat ride, and as long as you go there during the winter or fall, it is amazing! You'll get to watch Manhattan getting further into the distance and Liberty Island approaching as the cold refreshing winter breeze puts you in a state of tranquility. When you finally arrive, you can take some aesthetically pleasing pictures with the Statue of Liberty that are sure to make an incredible addition to your feed as well as feed the ducks and gulls there.



4- BROOKLYN BRIDGE

Not only was Brooklyn Bridge the first steel-wire suspension, but it was also the longest suspension bridge in the world at the time of its construction which is the reason behind its popularity. Do you know what else contributes to its fame? The amazing view that you get to witness right before your own two eyes when you're going for a stroll on the bridge. There, you can clearly see the renowned New York skyline, the Hudson River and Manhattan as well as Brooklyn. The Brooklyn Bridge is basically a connection between 2 very different worlds- the sumptuous Manhattan and the modest Brooklyn.



3- ROCKEFELLER CENTRE

The 70-floor, 872-foot-tall building- Rockefeller Centre- is known for its ice skating rinks and large quantities of acclaimed artwork. It doesn't stop there though! For the cost of \$43.55 and I hour out of your day, you get to see all of New York shimmering beneath your feet like stars in a glamorous night's sky. You can probably get a better deal than \$43.55 if you actually go there as this is just the official price that can be found online. In my opinion, no matter the price, getting to experience the whole of New York twinkling beneath you is an experience you definitely shouldn't pass up on.



2-TIMES SQUARE

Despite Times Square being one of the most crowded places in NYC, it still has that magical feeling to it; the feeling that you can't really feel except when you're there. It's all the better if you go at night, specially at II:57 pm. Why, you ask? Because at that moment for 3 minutes, all the screens in Times Square merge into the same artwork. It's called the "II:57 Moment" otherwise known as the 'Midnight Moment', and is a scene straight out of a movie.



1- CENTRAL PARK

The destination at the top of this list is Central Park as it's my favorite of all of the other attractions. I can't even start to explain how surreal it feels just being there, it's like a whole new world, but not just any world- a majestic one. Want to make it an even better adventure? Then take my advice, go there during the months of autumn, and don't forget to bring some bread with you because nothing truly beats the feeling of hand-feeding wild animals amidst the majestic autumn leaves cascading around you.



Upcoming University **Events**

University events or fairs are programs organized on behalf of universities by the academic staff members with the purpose of introducing you to people who are looking to pursue the same or a similar career trajectory as you while also providing you with personal answers to your questions, and allowing you to discover completely new opportunities, share ideas with peers, get expert advice on everything like admissions tests, applications, funding and much more. Attending these events will allow you to connect with people, and help you foster a meaningful relationship with them. Without further ado, here are the top 4 booming university fairs/events set to take place in Egypt this year:

Worldview education fair

This fair is Cairo's largest education fair- accommodating students who are prepared to study abroad. This event has made it all possible with its extensive network of clientele and partners including but not limited to language schools, universities, post-secondary colleges, pathway providers, boarding schools, international institutions, government associations and educational

organizations.

IDP Study Abroad Expo in Egypt

IDP is an international university fair where you get to meet university representatives, apply to leading universities on the spot, get accurate and direct answers to all your burning questions about all available programs; admission requirements, tuition fees and scholarships. This event includes numerous colleges from all across the globe; Australia, the UK, Canada, Ireland, the USA and New Zealand. They also help you with course and university selection, university application submission, tuition fees advice, IELTS registration and preparation resources, visa application aid and much more!

Edugate University Fair 2023

Edugate is a leading educational service and consultancy firm that focuses on higher education and skills development in the Middle East and North Africa region. They specialize in bringing the latest innovation and expertise in international higher education and skills to Egypt. This fair gathers 100+ national and international universities, colleges, training institutions and scholarship providers all under one roof, and have managed to gather around 15,000+ visitors. They offer youth development and coaching, consultancy services and more.

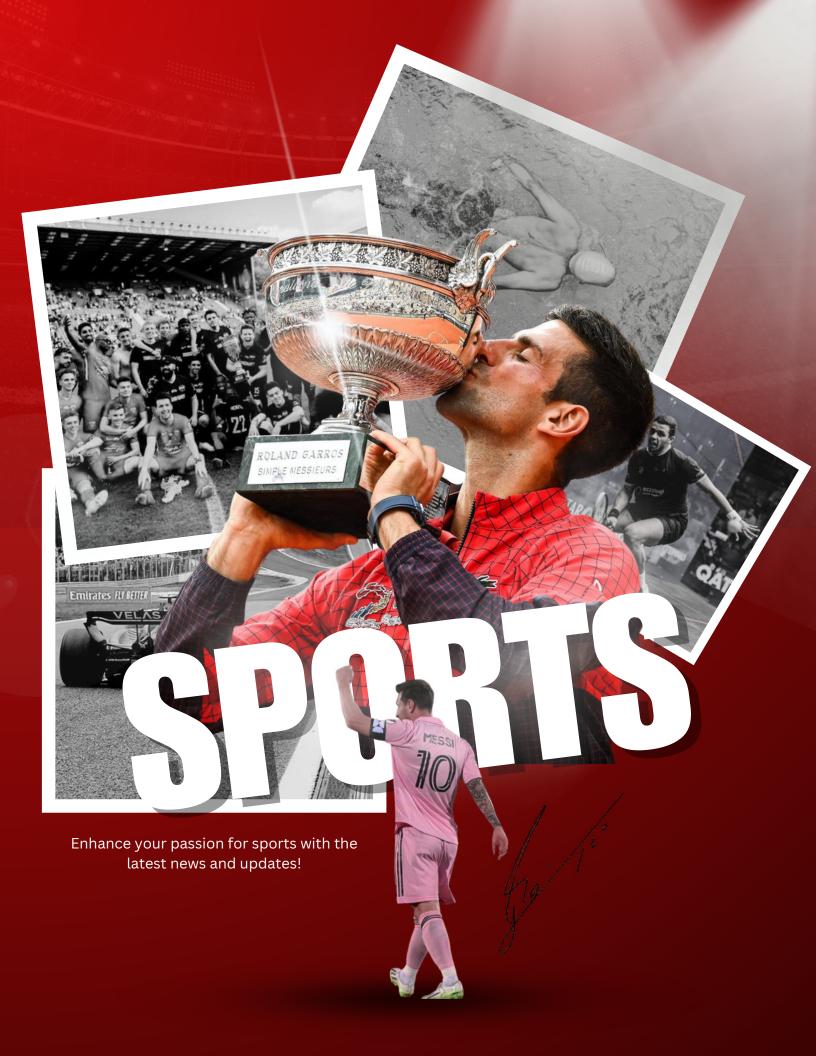


Ispark's Traverse Summit

Traverse is a university event hosted in Egypt, being the largest summit for high schoolers in the MENA region. Traverse Summit has been a vote of confidence for anxious high schoolers seeking to get answers on how to navigate their career paths, choose a major during that transitional phase of their lives. They have a history of very successful events with students immensely benefiting from their services. Each year they invite many notable celebrities to speak about their success stories; some of them have been Amina Khalil, Hend Sabri, Yasmine El Abd, Aziz Maraka, Ouda & Eid Nasser over the years. They even offer employment opportunities to broaden your horizon, a breadth of academic opportunities and guidance on choosing the right one.

We absolutely encourage you to check out at least one of these events and participate as you will get to meet university representatives who will significantly help you with so many things such as college applications, scholarships, travelling abroad and choosing the university & major that best suit your aspirations. They also pose as a great opportunity for forming connections that will surely come in handy in the future.

By: Hana El Sherbiny and Zeina Khairy



MESSI'S TRANSFER

LIONEL MESSI HAS FINALLY JOINED INTER MIAMI AFTER TWO SEASONS WITH PSG

MESSI

In a stunning turn of events, Lionel Messi, widely regarded as one of the greatest footballers of all time, has made a groundbreaking move to Inter Miami after spending two seasons with Paris Saint-Germain (PSG). This transfer has sent shockwaves throughout the football world and marks a new chapter in Messi's illustrious career.

After an incredible 21-year stay at Barcelona where he won numerous domestic and international titles, Messi shocked the football community by leaving his boyhood club in 2021. Financial constraints and contractual issues forced Barcelona to part ways with their star player, leading him to join PSG for the 2021-2022 season.

Messi's time at PSG was nothing short of exceptional. He formed a formidable attacking trio alongside Neymar Jr. and Kylian Mbappé, helping the team secure the Ligue 1 title. However, despite his success in France, rumors began circulating about his desire for a new challenge

he move to Inter Miami not only represents a fresh start for Messi but also signifies his ambition to conquer new frontiers. The MLS has grown significantly in recent years, attracting top talents from around the world. By joining Inter Miami, Messi will not only have the opportunity to showcase his skills on American soil but also contribute to the growth and popularity of football in the United States.

In conclusion, Lionel Messi's move to Inter Miami after spending two seasons with PSG is a monumental development in his career. It represents his desire for new challenges and showcases the growing prominence of

American football on the global stage. As Messi dons the Inter Miami jersey, fans around the world are eagerly watching his performances and anticipating the impact he will have on both his new club and the MLS as a whole.

BY: ALI ELKOMY

By: Nada Mohamed & Noor Yasser

Fukuoka Japan World Aquatics Championship 2023

Get ready to dive into the most important event of the year, The World Aquatics Championship. This event brought together athletes from all corners of the globe competing across a wide range of sports disciplines. A total of 75 medal events were held across six disciplines. From track and field to swimming, gymnastics and taekwondo. This championship had it all! Imagine a city that's practically swimming in excitement - that's Fukuoka, Japan. The host city with pools that shimmered with anticipation, and stands that were packed with fans, chanting and cheering as if they were mermaids and mermen themselves.The championship began on July 14th, 2023, with the swimming competition taking place between July 23rd to July 30th. Around 2,400 athletes were competing from nearly 200 member federations. Given the status of their member federation with World Aquatics, athletes from the Philippines and Kenya were required to compete under the banner 'Suspended Member Federation'. Also, two Syrian athletes competed under the banner 'World Aquatics Refugee Team'. In addition, the prohibition on Russian and Belarusian athletes competing in the World Aquatics was still in force. Despite everything, the swimmers unleashed a wave of sportsmanship that swelled our hearts. In victory or defeat, they embraced each other, exchanged high-fives, and showed genuine respect for the efforts of their rivals. It was a reminder that while swimming is a fiercely competitive sport, it also unites athletes in a bond of camaraderie and mutual admiration.

k脉 FUKUOKA 2023



Léon Marchand of France, won 'The Male Swimmer of the Championships' award.

Kaylee McKeon of Australia, won 'The Female Swimmer of the Championships' award. She also became the first female athlete at a World Aquatics Championship to win the 50m, 100m, and 200m events in a single stroke.

Qin Haiyang of China, became the first male athlete at a World Aquatics Championship to win the 50m, 100m, and 200m events in a single stroke.

The United States won 'The Team of the Championships' award, based on the team's point score.

World records were broken in six individual events & three relay events. Swimmers sliced through the water like sleek dolphins, leaving trails of shattered records in their wake. It was a mind-blowing spectacle as the best of the best pushed the limits of human speed and endurance. Records were obliterated, and history was made! The Fukuoka **Japan World Championship Swimming Competitions** 2023 was a tidal wave of excitement. This event showcased the pinnacle of human achievement. As we bid farewell to this epic splashdown, we eagerly await future editions that will undoubtedly raise the bar even higher. Until then, Let the waves of inspiration carry us forward, reminding us that with passion, dedication, and a little bit of chlorine, we can achieve greatness in and out of the pool.

SQUASH SCANDAL



Many of us are familiar with the latest hot drama taking place. Pop-culture took over the world; spreading the news and the latest gossip of our favorite divas and stars. However, none of us appear to know the story of Squash superstar, Marwan Al Shourbagy. 30 year old Marwan, was given 3rd place for squash in the world in May, 2018. For multiple years, Marwan has granted Egypt the highest honors for playing under Egypt's name granting us an esteemed position in the world of squash. Unfortunately, El shorbagy recently shocked the world by declaring that he will no longer compete under Egypt's name and is ready to leap into something new.

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Childhood:

Marwan was born and raised in our very own Alexandria, the bride of the Mediterranean. He was first introduced to squash at age 8, and fell in love with all of its intricacies. So he decided to pursue the sport, and showed impressive talent as a young athlete. Aged 14, El Shorbagy decided it's time for a move and switched to England. He proceeded in continuing his studies there; specifically in the Mayfield School. No one could stop him from doing what he loved which was squash training under the legendary Jonah Barrington.

At 17, he was admitted to the PSA (Professional Squash Association) and continued on competing and breaking new world records all while being funded by the UK.

Resignation of an elite player:

But why did El-Shorbagy actually migrate from Egypt to the UK? Well, El-Shorbagy had an esteemed name in the UK and in the rest of the world before moving there. Along the years, he competed in many tournaments in the UK and in Egypt. After having some problems with the Egyptian Squash Federation, El-shorbagy claimed that he didn't receive the correct support he should have received from the federation. Therefore, he decided it was time to migrate to the UK; officially joining, training and playing under UK's Name.

Offending views:

After El-shorbagy opted to playing in England; people had some things to say and most were rather disrespectful. The Egyptian federation denied all claims about not providing the support financially and physically; not only about having the doctors on call, but having a team to train and support them. Many fans of the sport reacted negatively by leaving shameful comments saying that Elshorbagy was dishonoring and disloyal to his country. On the other hand, the famous investor and entrepreneur Naguib Sawiris left a hopeful supportive message for our former squash player.



To wrap things up, we all truly wish Marwan success and prosperity in his future career, and hope from the bottom of our hearts that he continues to be on top of his squash game. El-Shorbagy has been through some tough times, but has always been able to pull through and accomplish achievements making Egyptians and all his fans proud.

By: Layla Abdelrahman and



Wimbledon is one of the most popular if not THE most popular tennis competition that takes place every year. The tournament usually begins in late June and early July.

The Royal Family has been involved in Wimbledon every year since the year 1908. The only exception being 2013 which was when the Princess of Wales, Kate Middleton, was forced to miss it due to her pregnancy.

Tennis as a sport has been growing in popularity, so in correlation Wimbledon is also growing significantly. Every year, an influx of celebrities and important figures are seen present watching the tournament such as Ariana Grande, Brad Pitt, Shakira and over 90 other celebrities.





This year a Spanish tennis player, Carlos Alcaraz (ranked world no.2), shocked the crowd when he beat the 24-times grand slam winner Djokovic (ranked world no.1) in the Wimbledon's men's finals which lasted for over 5 hours in the midday sun. Meanwhile in the women's finals, the world no.8, Marketa Voudrousova, beat the world no.7, Ons Jabeur.



Tennis doubles are always a joy to watch due to the dynamic between the 2 players. This year Wesley Koolhof and Neal Skupuski, took the title for the Wimbledon men's doubles finals. As for the women's doubles finals, Barbora Strycova and Shieh Su-wei were the ones who took the title.

Wimbledon has constantly identified itself as one of the most prestigious competitions out there, whether in the tennis community or the sport community in general. It is growing constantly and will continue to grow immensely. And I for one am very excited to watch that happen, are you?

By: Jameela Momen

F12023 SEASON

As Max Verstappen leads the 2023 season with Fernando Alonso, Lewis Hamilton and Sergio Pèrez right behind him, we have seen new faces on the podium this season. They include Oscar Piastri, as well as Lando Norris who stood on the podium 4 times this year which was definitely a step up for McLaren. We have also witnessed Ferrari constantly letting down its drivers, for example with Charles Leclerc's 9-second pit stop that absolutely ruined the race for him. However, it was not a complete failure for Ferrari this year as Carlos and Charles tie with each other, each of them on 3 podiums this year.



This year has been quite a year for F1, especially AlphaTauri, as they have gone through many drivers (Liam Lawson, Daniel Ricciardo and Nyck de Vries) while Yuki Tsunoda stayed in his seat. On the other hand, Red Bull has won their back to back constructors championships this year. We've also seen new friendships form as well as old ones evolve. For example, when Carlos Sainz was in the lead and Lando Norris was right behind him, he said "it was on purpose" to show he was planning on helping Lando join him on the podium, which later that day, he did.



Another great step the teams have taken this year is to have F2, or stand by drivers, race Formula 1 cars. For example, Mick Schumacher as well as Ollie Bearman, who will be driving a HAAS in free practice in Mexico City and Abu Dhabi.

We have also seen multiple teams let down their drivers other than Ferrari. For example, when the Mercedes AMG team didn't join Lewis on the podium. Many people say they had a good reason to do so, but we don't fully know the truth. We have also seen HAAS let down their drivers more than once this season, some people say it was the car while others say it was the drivers. However, in both cases, the team is currently not doing well. To conclude, I would say that this F1 season has been quite eventful.



SIDEMEN Charity Match

ORIGINS

WE ALL KNOW AND LOVE THE SIDE-MEN CHANNEL AND ARE AWARE OF THEIR EVENTS. THE MOST POPULAR EVENT IS THE SIDE-MEN CHARITY MATCH WHICH STARTED IN 2016, AND IT DID NOT STOP SINCE THEN. THE MOST RECENT EVENT WAS HELD IN SEPTEMBER 2023.

THE LINE-UPS

THE LINE UPS DEPEND ON THE COUNT OF VIEWS, LIKES AND FOLLOWERS. THE MOST POPULAR CHARITY MATCH INCLUDED MR.BEAST, KAI

CENAT, LAZARBEAM, KSI AND ISHOWSPEED.



THE RAISE UP

THIS YEAR, THE SIDEMEN RAISED ABOUT 2.5 MILLION DOLLARS. THIS DONATION WAS THE LARGEST ONE YET. AT THE END OF THIS, WE WOULD LIKE TO SEE MORE EVENTS LIKE THIS.

ONE OF THE MOST MEMORABLE MOMENTS WERE WHEN MAX FOSH MADE A HARSH SLIDE TACKLE ON MARK CLATTERNBERG. WHEN THE REFEREE PROCEEDED TO GIVE HIM A YELLOW CARD, MAX PULLED OUT AN UNO REVERSE CARD. ALSO, SURPRISINGLY ENOUGH, A YOUTUBER WHO GOES BY "ABO FALAH" WITH 33.3 MILLION FOLLOWERS ON INSTAGRAM, WAS THE FIRST EVER ARAB YOUTUBER TO PLAY IN A SIDE.



By: Ismail Hatem Aboutaleb & Mohamed Hassan Ghareeb



MENTAL HEALTH NEWS!

Breast Cancer an anness Month

As many people are aware, October is International Breast Cancer Awareness Month, the most common cancer type globally. This month's major purpose is to raise awareness of breast cancer, which affects one in every eight women during their lifetime and impacts 2.3 million women worldwide. Every year, people, organizations, and communities all over the world join together to raise awareness about breast cancer. With advancements in technology and medications, early identification procedures have improved, and the 5-year relative survival rate is currently 99%.

Throughout the month, a variety of campaigns and programs are held to support women who have been diagnosed with breast cancer, educate people about breast cancer risk factors, and raise funds for breast cancer research. Most importantly, the programs emphasize the significance of regular screening beginning at age 40 or at an age appropriate for your personal breast cancer risk. Breast Cancer Awareness Month is an important chance to educate people about this common disease, promote early detection, and support individuals affected by breast cancer. This month's programmes, campaigns, and events are aimed at enabling women to take care of their health and boost their chances of survival.

Regular screenings, such as mammograms, can discover breast cancer before symptoms appear, boosting the likelihood of successful treatment and survival. Although contacting a doctor is necessary if you are at risk of breast cancer, self-examinations can be performed at home to detect any lumps. Despite it not being required, the individual should be lying on their back with their arms behind their head. The second arm is used gently to feel for any lumps or bumps; the hand must work from top to bottom and bottom to top while checking from inside to outside.

Breast cancer develops when abnormal cells within the breast grow uncontrollably, resulting in the formation of a tumor. While there is no known cause of breast cancer, various risk factors have been found. Age, family history, genetic mutations, hormone imbalances, reproductive history, and obesity are all factors for breast cancer. Breast cancer risk can be reduced by maintaining a healthy lifestyle that includes frequent exercise, a balanced diet, and avoiding smoking. Awareness of family history can also aid in the identification of individuals at higher risk, resulting in adequate monitoring and preventative measures.

Organizations can contribute to innovative research, improve treatment options, and ultimately save lives by raising funds through events such as walks, marathons, and charity

BY: HAYA AYMAN

PEER PRESSURE

By: Rana Shouman

So many people are affected by others' words these days. It has become very common, and is causing a great influence on a lot of individuals. Most of the time it has a negative impact, and it may totally ruin the person within you. Being pressured into doing things you don't want always ends up with bad consequences that you will be forced to deal with.

A lot of teenagers nowadays feel like the only way to fit in with others is to look like them, act like them and do everything they say. The fear of not being wanted or being unable to fit in is usually the culprit causing many to do things they don't agree with. Being who you are is what gives your life purpose. Never try to change for others, or else you will severely regret it.

Peer pressure can look different for everyone.

Whether it is dressing or acting a certain way, cheating, bullying and all the way to stealing and shoplifting. This causes you to bear the horrible aftermath to your actions.

For instance, decreasing self -confidence, distancing yourself from your family or even worse, being sent to prison.

As a result of peer pressure you do
things that affect you negatively, and
you end up having no control over
your actions. This affects you mentally,
physically and may lead to serious
potential mental health complications.
You may think it is a temporary
problem that you can get over, yet the
problem can evolve and ruin
everything for you. It may not seem
like it but neglecting one thing like
your academic performance can go a
long way in destroying your future.

Something you should always know is that if they don't want you for who you are then they don't deserve you. It may be hard trying not to care about others opinions, but the well-known saying 'fake it till you make it', always works. You will find people who cherish and love you, so wait until they come into your life.

Waiting for them is better than doing something you will eventually wish you never did. Never give in to peer pressure!

Social Media and: Body Image

A 12-year-old girl pinches her waist as she looks into the mirror, whispering, "Why can't I be as skinny as her?"

A 12-year-old boy feels the bones under his skin as he one: mental health disorders. looks into the mirror, whispering, "Why can't I be as As we refuse to acknowledge that we can never meet the

We were once - and still are – those children, comparing ourselves to a facade of filters, makeup, and plastic surgery. Young boys and girls alike are plagued with insecurities as the beauty standard is pushed higher and higher every day. And there's no one to blame but social media.

Another issue is that we're vulnerable. As teenagers, not only is our brain underdeveloped, but we are also easily influenced by peer pressure and wanting to fit in. Consequently, we start focusing too much on our appearance, comparing ourselves to every Instagram model, regardless of how many plastic surgeries they've had. The addiction to appearance invades our lives and pressures us to look perfect, and we are left with no choice but to The first, and most obvious, problem with this is that these beauty standards are not just unrealistic but almost impossible. As surgeries and filters continue to dictate beauty standards, it's becoming harder and harder for us ordinary teenagers to reach them. We are constantly bombarded with fake "perfect bodies" online and pushed into conforming to them when our bodies haven't even finished growing yet. However, instead of realizing this, we keep chasing the impossible, blaming ourselves for not being good enough. It's a deadly cycle.

Unfortunately, the combination of impressionable teenagers and impossible standards is a dangerous one: mental health disorders.

As we refuse to acknowledge that we can never meet the standards, we begin blaming ourselves instead – why can't I ever be enough? – and fall down the hole of self-hate, depression, and even eating disorders. From constant mirror-checking to skipping meals, we destroy ourselves in the hopes that one day we will be enough. Without a doubt, social media plays a huge role in this mental health crisis among teens.

So, what's the solution? Of course, social media still has its benefits, and it would be ridiculous to say that it should be deleted entirely. However, limiting social media use and avoiding accounts that make us feel bad about our bodies can be a huge help. Additionally, practicing self-care is crucial: regular exercise, a healthy diet, adequate sleep and surrounding yourself with positive influences are all steps you can take towards self-confidence.

In conclusion, social media has promoted unrealistic standards that are detrimental to teenagers' mental health. To combat this, it's important to be aware, limit social media use, and, most importantly, take care of ourselves.

By: Assma Atteya

THE WORLD IS SHAKING

In the past months, both *Morocco* and *Syria* experienced significant earthquakes that left a lasting impact on these nations. These natural disasters served as a reminder of the unpredictable nature of our planet, and the importance of preparedness in the face of such events.





To begin with, *Morocco* was struck by a powerful earthquake on *September 9, 2023*, causing widespread destruction and loss of life for millions. The earthquake's epicentre was located in the country's northern region, *near Al Hoceima*, with a magnitude of 6.8 on the Richter scale. The tremors were felt across the country, leaving many communities devastated.

Similarly, Syria also faced a significant earthquake on February 6, 2023. The earthquake originated in the eastern part of the country, near the city of Deir ez-Zor, with a magnitude of 6.5. The shaking was felt across several neighboring countries, exacerbating the already dire situation in the region.



The earthquakes in both *Morocco* and *Syria* resulted in devastating damage to buildings, roads, and utilities. Many lives were unfortunately lost, and countless others were displaced from their homes. The affected governments and international aid organisations assisted and supported the affected communities.

In summary, both earthquakes were devastating events that highlighted the power of nature and the resilience of its people.

Now, these nations are working towards a more secure future, where the impact of such natural disasters can be minimized.

By: Ali Khalil

THE ART OF **PROCRASTINATION**

We've all been there, with piles and piles of homework to do, a test coming up soon or having exam week right around the corner. Yet we still sit on our phones, scrolling endlessly, unable to get up and get anything done. That is, until the last second, to which we scramble to get things done, due the next day - or even the same day if you're an expert like me, and almost always ending up regretting our decision of not doing it earlier. This is the Art of Procrastination.

me sitting and doing nothing cause i have too many things to do



Procrastination is the act of unnecessarily and voluntarily delaying something despite knowing that there will be negative consequences for doing so. While some people might confuse procrastination with laziness, the two are not to be confused together as they are completely different. On one hand, laziness is about not having the will-power to put in energy and effort where needed. Procrastination, however, occurs in certain situations. Dr. Julie, a psychologist and author, has given some examples of procrastination. To begin with, having a fear of failure stronger than your will to succeed can cause you to procrastinate. In addition, believing that your performance says something about who you are as a person can make you doubt yourself which leads to dreading the emotions that come with doing an important task such as anxiety, boredom and self-doubt. These are all reasons that prevent you from getting started- you're simply trying to protect yourself from feeling the negative energy you think the task may offer.

Before I tell you about solutions, it's important to understand that the reason we all do this is because we've made it a habit. It's a coded tendency or practice in our brain that is difficult to give up. Fortunately, there are extremely simple solutions that have proven over and over again to work.

MEL ROBBINS COUNTDOWN

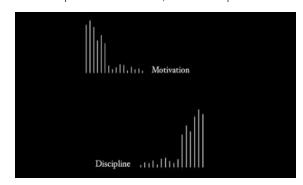
American podcast host, motivational speaker and author of the book "How to Stop Screwing Yourself Over" Mel Robbins created a simple yet effective method to beat procrastination. She taught millions that if they ever feel unmotivated, tired or burnt out to count down from five. When they reach zero, they have to instantly get up and start working for 5 minutes. It's almost guaranteed that they will automatically continue working efficiently.

REALISTIC AND EFFECTIVE PLANNING

It's 3 am. You're wide awake. And suddenly, out of nowhere, you get a surge of motivation, realize how much time you've wasted, and begin planning your ideal self. "By the end of this week, I'm going to start a new diet, go to the gym every day, revise the chapters that we still didn't take, read and finish a book, become a millionaire, and memorize The Oxford Dictionary." By the end of the week, you're going to be sitting in the same position feeling defeated, recalling how you've achieved none of your ultimate goals. Now, you might ask yourself why whenever you set goals you find them nearly impossible to achieve. Well, it's all because of the unrealistic standards you set for yourself. Planning is great for knowing and prioritizing tasks that need to get done, as well as giving you a sense of direction as to where to start. But at the same time, when setting goals, it is crucial to set realistic goals (no matter how hard) and calculate the amount of time, effort, and energy you are willing to put in. As the days go by, adjust your objectives to progressively excel and work towards that big goal of yours. This will prevent you from burning out, and keep you motivated.

SELF-DISCIPLINE OVER MOTIVATION

Finally, one of the most important morals out there is self-discipline. "Motivation is doing what NEEDS to be done when you WANT to do it. Discipline is doing what NEEDS to be done when you DON'T WANT to do it." The ability to control one's feelings and overcome one's weakness is one of the most powerful skill sets you can possess. Unlike motivation, self-discipline will continue to live with you as long as you preserve it. Self-discipline should be built on self-awareness. Knowing your weaknesses, squeezing your will-power, holding yourself accountable for your own mistakes and controlling your urges aren't easily achieved feats. It requires drive and effort, but it isn't impossible.



To conclude, you must always realize that there is no greater enemy to you other than yourself. The second you decide to take small, rocky steps towards your goals, you are combating the small voice in your head stopping you from doing all that you are destined to accomplish. Procrastination will never be a part of who you are, and the sooner you deal with it, the faster you will see results in your entire life. As a matter of fact, here you are, taking the first step by completing this whole article instead of folding the top corner of the page and coming back to it later because you know it's beneficial!

By: Raya Ziad



The Summer I Turned Pretty: Book vs Show

On June 17, 2022, the first season of the show 'The Summer I Turned Pretty' was released, and it quickly gained popularity. Soon enough, everyone had at least heard about it. The show is based on the book trilogy published in 2009 by Jenny Han, author of To All the Boys I've Loved Before. After conducting some research, I discovered that the majority of people who have watched the show have not read the books or have just read the first one. In this article, I will compare the two to see whether the books are superior to the TV show.

Season 1

In terms of major plot points, the first season follows the events of the book. The show, however, adds plots that weren't included in the books, like the debutante ball, which is a major plot point for the first season. Several new characters are introduced, mainly the debutantes and Cleveland, a novelist. While some characters, like Belly and Taylor, were improved, others, like Susannah and Laurel, may not live up to the reader's expectations.

The first book was the best book, in many people's opinion, and yet the show managed to make it even better. The book doesn't introduce many characters and mostly revolves around the love triangle between Belly and the two brothers, Conrad and Jeremiah, which is a little boring to read about for nearly 300 pages.

The show handled the love triangle considerably better, showing that the two love interests have both good and bad moments. Overall, the show won this round.

Show: 1 | Book: 0



Season 2

The second season, however, is much different from the book. The whole book revolves around the same point for 300 pages, which is Conrad running away. The show, on the other hand, handled the plot and flashbacks much better than the books, adding more plots and details and overall improving everything, from the characters to the relationships. This season focused not only on romance but also on grief and how to deal with it. Additionally, some new characters, such as Skye and Julia, are introduced, as well as bringing back some old characters, like Cam Cameron and Nicole, from the first season that were liked by many fans.

One thing likeable about the show was how they explored Belly's life away from cousins with her playing volleyball, which was not in the books, and watching her overall struggle with grief. One minor criticism in the show was how the main group handled problems thrown at them, making a big deal of it in half of the season then forgetting about it for the rest. However, there were episodes that many fans favoured, like the boardwalk and retro party episodes. To sum up, the second season beats the book in terms of plot and characters. Show: 2 | Book: 0

Conclusion:

This comparison between the book trilogy and its television adaptation shows that not all books are superior to their movie or show adaptations.

By: Sara Hantirah

ITSBEENA LONGTIVE CONSTITUTE Taylor Swift has returned with "The Eras Tour," an all-stadium tour combining all of the constitution of the combining all o



Taylor Swift has returned with "The Eras Tour," an all-stadium tour combining all of her eras from the previous 15 years, after a 5-year hiatus from concerts. Swift announced last year, on November 1st, that her sixth concert tour will begin in 2023, following the release of her tenth studio album, "Midnights". The Eras Tour began on March 17, 2023, and will come to an end on November 23, 2024, with a total of 146 concerts ending in Toronto, Canada. Taylor left many tour-related Easter eggs, which led to a lot of fan speculation about what she was

up to.

Due to the COVID-19 Pandemic, Taylor Swift had to postpone her "Lover Fest" tour, which was supposed to be her sixth tour. However, after releasing three more albums and rerecording two albums, Taylor decided to merge all of her previous tours into one. She then stated during one of her performances, "... People would come up to me and say, 'you're gonna do a show with all the albums in it?' And I would say yes. It's going to be called The Eras Tour, see you there!" There, fans from all around the world are given the opportunity to dress as various Taylor Swift eras, and some are imaginative enough to wear clothing that represents certain lines from her songs.

Taylor Swift Touring (her own tour production firm) is in charge of producing the Eras Tour. According to "The Wall Street Journal", the tour is one of the "most expensive" and "technically

ambitious" productions of the twenty-first century. An interior design magazine called "Architectural Digest" dubbed Taylor Swift's tour set as one of her "most ambitious sets ever" because it used a variety of props and performing techniques to reflect the various aesthetics and moods of her albums. The concert ensemble included 14 backup dancers as well as a live band with six musicians and four female backing singers. The dances were choreographed by Mandy Moore, who also choreographed the whole "La La Land" film.

Taylor Swift has several fashion designers create her ensembles, including Arab designers Zuhair Murad and Elie Saab, as well as Italian fashion houses Versace Couture and Roberto Cavalli. Zuhair Murad spent more than 350 hours on the "Speak Now" ball gown, and Oscar de la Renta utilized more than 5300 beads and crystals for her "Midnights" outfit.

The 44 songs of the Eras Tour's shows are divided into 10 acts and last for more than three hours and fifteen minutes each. Taylor surprises audience members with a surprise song from any of her ten albums during the performance. "You Don't Own Me" by Dusty Springfield is playing as a clock on screen counts down to show time. The concert begins with the chorus of "Miss Americana & the Heartbreak Prince" as Taylor enters from a platform in the middle of the stage performing her first act, the Lover act. Her second act is Fearless, followed by the forest aesthetic of her Evermore act. Snakes appear and the lights dim as her fourth act, Reputation, begins, which subsequently transforms into Taylor dressed in a ball gown as her fifth act, Speak Now, begins. Her seventh act then begins, Folklore act, followed by 1989, where she begins with singing "Style". Midnights act, her ninth and last act, then begins; "Karma" is performed last, finishing the show with fireworks and colourful confetti.

Throughout the tour, Taylor Swift has announced and released numerous works. Beginning with her extended edition of her album Midnight "The Til Dawn Edition," and following with her re-recordings of Speak Now (Taylor's edition) and 1989 (Taylor's Version). Fans also saw the premiere of her music video for "I Can See You," in which she brought out Taylor Lautner and Joey King, the stars of the video. She also announced the music video for "Karma ft. Ice Spice," and her concert film "Taylor Swift: The Eras Tour". Additionally, she brought out a variety of brilliant musicians with her, including Phoebe Bridgers, Aaron Dessner, Gracie Abrams, and others.

By: Haya Ayman



UPCOMING MUSIC ALBUMS

Hey there, music enthusiasts! Brace yourselves for some amazing news because three of the biggest names in the music industry are gearing up to release their highly anticipated new albums and trust me, it's going to be amazing!

I'm excited about Taylor Swift, Nicki Minaj and Sampha's upcoming albums. Let me give you a sneak peek into what each of these artists has in store for us.

Taylor Swift; "1989 (Taylors Version)"

Taylor Swift is currently working on re-recording her album "1989" and I'm certain it's going to be something truly special as usual. She's adding her own twist to the album while staying true to the spirit of the original version. Taylor's songs always have so much raw emotion, and I can't wait to listen to them all over again! It promises to be an enchanting experience.



The

Nicki Minaj; "Pink Friday 2"
The rap icon herself Nicki Minaj is making a comeback with her highly anticipated album, "Pink Friday 2". Her attitude is nothing short of empowering. This album is bound to have beats that will make you want to move. I'm excited about witnessing her reclaimi the spotlight.

Sampha; "Lahai"

Prepare yourselves because Sampha is dropping his brand new album called "Lahai". Trust me, it's going to be a magical experience that will give you ALL the feels! This talented artist always delivers something exceptional with his music. So, get your headphones ready and prepare to be transported to a world of incredible music when "Lahai" is finally released. I can't wait for these albums to drop! Taylor Swift, Nicki Minaj and Sampha are out of this world, and there is no doubt in my mind that their upcoming releases will be fantastic. Let's get ready to enjoy some great tunes!





Have you ever wondered which songs are currently taking over people's minds? Songs become popular over a period of time and earn countless awards. Yet, as soon as a new song is released, people forget about the previous ones. That is how the human mindset works and keeps the person entertained. Furthermore, not only does it become sung from many corners across the world, but it also becomes a part of people's lives. For instance, they may appear in the form of trends and many more. Therefore, that is what the Billboard Top Songs is for, as it keeps you updated about which songs people are jamming to every now and then.

Breakthrough hit:

Earlier this year, the song "Vampire", which was released by Olivia Rodrigo on July 15th, became a breakthrough hit. This song not only marked a significant milestone in Olivia's career, but also became her third number one hit following "Driver's License" and "Good 4 U" from her previous album. To illustrate, "Vampire" is more about her personal journey with her past decisions.

The Ever-Changing Music Scene:

The music industry follows an ever-changing cycle in which songs climb to the top and then fall out of popularity. Songs like "Last Night", "Die for You", "Flowers," and "Anti-Hero" once held the number one position, but are now listened to by only a few. This actively demonstrates the instability and challenges faced by artists, making it difficult for music to serve as the primary source of income for many families. However, there are exceptional cases such as Mariah Carey's "All I Want for Christmas Is You," which was released in 1994 and went on to top the charts in 2019 and 2023 for 12 consecutive weeks.

The reason for that is that every holiday season, the song goes on repeat in everybody's house.

Previous Number 1 Songs:

Moving on, "Paint the Town Red", from the album Scarlet by Doja Cat, released on August 4th, kept the number one position for two weeks in a row. Although this song had innumerable controversies, it was still given uncountable awards. Before that, the song "I remember everything", released on September 8th, by Zach Bryan featuring Kacey Musgraves, overpowered this enthralling place for one week. Another noteworthy song that reached number one was "Kill Bill" by SZA, which spent eight non-consecutive weeks in the second position before climbing to the top spot when a remix featuring Doja Cat was released. The song's popularity was further fueled by its viral status on TikTok, appealing to a wide range of age groups.

Current Number 1 Song:

At the moment, the number one song on the charts is "Slime You Out" by Drake featuring SZA. It is the second single from Drake's upcoming eighth album, For All the Dogs. Since its release on September 30th at 12 p.m., it has gained 32.6 million streams and 5.2 million radio airplay audience impressions. It even sold 2,000 downloads!

The Billboard Top Songs play a crucial role on the internet, keeping people of all generations up to date, and preventing them from feeling out of touch with current trends. It also serves as a valuable tool for digital creators and advertisers to establish an emotional connection with consumers, contributing to their success. However, due to the ever-changing nature of music preferences, the billboard needs to be updated every now and then to reflect the current songs that are resonating with people and shaping pop

By: Alya Elkomy

THE HOLLYWOOD TATTLER

After battling Crohn's disease, ex-SNL star **Pete Davidson** returns, but this time as a guest, with Ice Spice as the featured singer. Viewers were even more surprised when Travis Kelce appeared unexpectedly in Taylor Swift's NFL sketch, and Taylor even came out and introduced **Ice Spice** in a subtle cameo.

Speaking of love, the new favorite couple, Grammy winner, Taylor Swift, and 2-time Super Bowl winner, Travis Kelce, hard launched their relationship as the couple were seen holding hands after the SNL after party heading to dinner. The romance began in late September, when Travis attempted to give Taylor his phone number in a friendship bracelet at one of her shows.



To all those who feel like they grew up, wait till you hear this. The little girl who played the sun in **Teletubbies** is expecting a baby. More than 25 years have passed since this show started



Baywatch star, 56 year old *Pamela Anderson*, rocks Paris Fashion Week make-up free calling it "freeing", due to her makeup artist recently passing away. This has given many women the inspiration to go makeup free or have a 'clean girl' aesthetic



premiering, how time flies.

and Will Smith reveals her separated for seven years, and have did Will's Slap on Chris Rock's face in the Oscars mean?



Heartthrob and Marvel Superstar, *Chris Evans*, confirms marriage with Portuguese actress, *Alba Baptista*, at the New York City Comic-Con. The couple married in two private ceremonies, one in Boston and one in Portugal, another bachelor off the market. Many Marvel co-stars, including the original six, were reportedly at the star's wedding

By: Haya Ayman

Word on the block, World Cup winner, *Lionel Messi*, may be loaned to Barcelona during 'La Liga' Spanish league, as his current team Inter Miami CF didn't qualify for MLS-playoffs at MLS league.





American business woman, *Martha Stewart*, is still slaying at the age of 82. The business woman posted on instagram a picture wearing a sparkly silver dress with a slit captioned,.



and *Bradley Cooper* who are reportedly going out. They were introduced to each other by Cooper's ex-girlfriend, *Irina Shaik*, and Gigi reportedly had a 'crush' Cooper way before they met.

Timothee Chalamet is spotted wearing a "I'm not the stepfather, I'm the father that stepped up" shirt. Possibly shading his current girlfriend, Kylie Jenner's exboyfriend, and father of her children, Travis Scott.







In the same week, two of the most long-awaited movies were released. Even though Barbie and Oppenheimer (Barbenheimer) were released in the middle of 2023, their effects were long-lasting, leaving their viewers practically on the edge of their seats. Theaters around the world were full of people wearing pink, representing their love for Barbie which later on turned into a trend. The constant switching between the theaters of each movie created a unifying environment for their fans. Barbenheimer was certainly a cinematic symphony of action and emotion.

About Barbie

The Barbie movie was first released on July 21st 2023 in the United States, starring the spectacular actress Margot Robbie and the radiant actor Ryan Gosling. The movie has made over \$1.4 billion in its box office run.

Barbie takes you on a journey of realization, changing dramatically from being a colorful, vivid movie, to a darker one which tells the story of a doll with human emotions. Fun fact: during the making of the movie, the creators used so much pink paint that it made a world shortage.

Above all, Barbie had made quite the impression on its viewers, who have developed exceedingly controversial opinions about it.

The plot

In her own world, Barbie lives a

'perfect' colorful life that is completely free from conflicts. She wakes up one day to find that her life has taken a turn for the worse, noticing that she is becoming 'imperfect'.

Barbie then ventures to the human world to find the cause of her imperfections and resolve it. However, upon reaching the real world, Barbie realizes how it is mostly dominated by men, unlike Barbie land.

Her ideas about the human world were completely crushed by reality, which struck her hard when she realized that she did not make a change, nor empower women in the real world. The young girls whom she thought respected and admired her were hateful and disrespectful to her, claiming that she set 'unrealistic standards' for women.

Moreover, the Barbie Land becomes Ken-dominated upon her return. She decides to resolve the issue to turn things back the way they were originally. During her journey, Barbie realizes her thoughts and feelings, and learns more about women in reality and herself as a person.

The controversy of Barbie

The controversy that this movie created has left many people pondering whether they should watch it or not. Some people believe that the movie promotes resentment and misandry towards men, which was not the purpose of the movie. Other people have stated that the ideas and storylines used in the film are 'undeveloped'. The film was even banned in Vietnam for political reasons due to the map that was shown in the movie.

ENHEIMER

About Oppenhiemer

First released on the 21st of July, Oppenheimer, is a breathtaking masterpiece that combines the elements of action, audio, acting and direction into an unforgettable cinematic experience.

Directed by the visionary filmmaker, Christopher Nolan, the movie takes audiences on an electrifying journey that weaves together heart-pounding action sequences, unreal audio design, exceptional performances, stunning visuals and amazing direction.

Plot

It's almost as if the trajectory of Christopher Nolan's career was leading up to this film. I don't think people were expecting Oppenheimer to leave them this shifted, as this very well could be the best film Nolan has ever directed and his actual masterpiece.

We get the story of J. Robert Oppenheimer who is brought on by Lewis Strauss to helm the Manhattan project, which led to the creation of the atomic bomb. However, Nolan's focus was on the man himself and not the bomb. This proves to be brilliant as we get a deep character study of the aftermath and see how this action led to not only thousands of deaths in Hiroshima and Nagasaki, but the guilt and weight that Oppenheimer was forced to live with.

Cillian Murphy who plays as Oppenheimer proves to be the best casting choice made for this biopic, as his eyes in close-up scenes tell you everything you need to know about what is going on in his mind. In addition to that, this brilliant actor conveys so much conviction and deep regret for all of his skeletons. You're left with a demolished man who started doing things with his ambitious intentions, but slowly realizes what he has done to the rest of the world. Audio

The audio design of Oppenheimer deserves special awards for its immersive and evocative quality. The brilliant music composed by Ludwig Goransson was the soul of the film, elevatethe movie to a whole new level.

Why Oppenheimer is a must watch

If you don't like missing out on cinematic masterpieces then you should definitely watch this film, watching it in the theater was a beyond imaginable experience. Everyone in the theater was on the edge of their seat the whole 3-hour runtime.

Once again, Nolan outshined himself, and gave us this piece of art, so you should definitely not miss out on it.

By: Nadeen Hossam and Mohammed Walid

THE ULTIMATE GUIDE TO SCARY MOVIES

Are you staying in this Halloween? Are you going to be cuddled up with your pet under soft blankets while scrolling through Netflix struggling to find anything to keep you up and afraid? Well, you're in good hands, because we gathered 3 crowd favourite live actions for the strong hearted as well as 3 animations for the kids at heart! You are reading the ultimate scary movie guide to keep your screams loud all weekend.

SCREAM

Scream is a classic horror franchise dating back to the first movie which was released in 1996. The American murder mystery talks about a high school student, Sidney Prescott and her friends, who become targets of a masked serial killer known as "Ghostface", after Sidney's mothers' tragic death. The series then continues with the same concept of the killer targeting young highschoolers and murdering them. The perfect saga to get you frozen with fear.

\$MILE

After the trailer of this movie came out last October, it sent chills down the whole world's spines. After witnessing the unusual, traumatic incident involving a patient. Dr. Cotter doesn't seem to recover herself, and starts experiencing frightening occurrences she can't explain. As the terror begins engulfing her life, Rose realises that she must confront her past in order to survive and escape the horrible reality in her head. You will never see a smile so scary in your life.





M3GAN

What happens when an engineer builds a real life-like doll that begins to take on a life of its own? Gemma becomes a caretaker of her orphaned 8-year-old niece, and when she realises that she is unprepared to become a parent, and of course the pressure of work; she decides to pair M3GAN with Cady, her niece, in hopes of resolving the problems. She did not know her actions will bring horrifying results. Maybe AI shouldn't be the future!

CORALINE

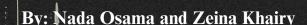
The fan favourite 2009 mind-bending animated classic Coraline, is about a girl who while discovering her new home finds a hidden secret door and decides to find out what lies behind that tempting/fascinating secret door. Through that door is what coraline discovers to be an idealised alternate world that strangely mirrors her own. At first this world seems better, but while on her quest in this seemingly perfect version of her world, her other mother tries to trap her inside that world forever. Coraline must conquer the now evil version of her mother to get back to her real family.

THÉ NIGHTMARE BEFORE CHRISTMAS

The world famous Disney horror musical The Nightmare Before Christmas, first released in 1993, tells the story of Jack Skellington the frightening king of a town in a fictional universe of the dead called "Halloween Town". Jack is sick of the same annual routine of scaring people in the "real world" and eventually stumbles upon a cheerful and warm "Christmas Town". He is then determined to take over it, and attempts to do so by kidnapping Santa-Claus, but he later finds out that even the most meticulous of plans can easily go sideways. This movie has a captivating bone-chilling allure to it that definitely sets it apart from other disney horror movies with its gothic aesthetic and spooky visuals.

CORPSE BRIDE

Arguably one of the best scary fantasy movies ever created, Corpse Bride, a 2005 movie set in a fictional Victorian era village in London revolves around a soon to be wed couple of an arranged marriage, Victor and Victoria. Though they like each other Victor is still extremely nervous before the wedding, and while revising his vows in the forest he seems to have woken up corpse bride Emily who was murdered after eloping with her love and is stuck in the land of the dead until she can marry her true love, which she believes to be Victor and wants to marry him, so she can finally be set free. A tree branch that mysteriously turns into Emily's hand drags Victor into the land of the dead. Victor must escape, so that he can marry Victoria and save her from marrying the villainous Barkis Bittern instead.









Marvel Universe: Exploring the Exciting Possibilities of Phase 5!

As we turn the page on the epic saga that was Marvel Phase 4, fans and enthusiasts alike are gearing up for the next phase of the Marvel Cinematic Universe (MCU). With a number of exciting movies and TV shows slated for release in Phase 5, the Marvel universe is set to expand in ways that will leave fans of the franchise on the edge of their seats. From the introduction of new characters to the return of old favorites, Phase 5 promises to be a thrilling chapter in the ongoing story of the MCU. In this article, we'll explore the exciting possibilities of Marvel Phase 5 and take a closer look at some of the most anticipated projects currently in development.

Phase 4-Goes Dut with a Barn. Setting the Stage for Marvel's Spectacular Phase 5

Marvel's Phase 4 came to a stunning end with the release of Spider-Man: No Way Home, leaving audiences on the edge of their seats with its multiversal storyline and unexpected crossovers. While Phase 4 introduced new themes and characters, it was also punctuated by the return of beloved fan favorites such as Black Widow. Thor, and Doctor Strange. However, Phase 5 promises to take the Marvel Cinematic Universe to even greater heights with an eclectic mix of fresh faces and familiar names. As the MCU continues to evolve, Phase 5 will usher in a new era that will be characterized by innovative storylines, epic battles, and groundbreaking technology—all while maintaining the signature sense of humor and heart that Marvel is known for:

Marvel Phase 5 will feature on exciting lineup of indices and 74 series that will expand the .Marvel Cinematic Universe even impirer-durb are all the movies and series confirmed for Marvel Phase 5:

	XX
Movie	Release Date
Ant-Man and the Wasp: Quantumania	Feb. 17, 2023
Guardians of the galaxy Vol.3	May 5, 2023
The Marvels	Nov. 10, 2023
Captian America: New World Order	May 3, 2024
Thunderbolts	July 26, 2024
Blade	Sept. 6 2024
Deadpool 3	Nov. 8 2024

Series	Release Date
WhatIf? season 2	Early 2023
Secret Invasion	Early 2023
Loki season 2	Mid-2023
Ironheart	Late 2023
Echo	Late 2023
I Am Groot season 2	Late 2023
Aghata: Darkhold Diaries	Late 2024
Daredevil: Born Again	Early 2024



Each of these titles promises to capture audiences' attention by reminding them of what made them fall in love with the movies in the first place while introducing them to exciting new characters.

As Marvel Phase 5 approaches, fans of the MCU are filled with excitement and anticipation for what's to come. From new characters and storylines to the continuation of existing franchises, Phase 5 promises to unravel a new tapestry of adventure, drama, and spectacle to captivate audiences worldwide. With all these exciting projects in development, it's clear that the Marvel universe is poised for even greater heights of success in the years to come. As we wait with bated breath for the Phase 5 slate to unfold, we can rest assured that the Marvel Cinematic Universe will continue to inspire and entertain us with its unique blend of action, humor, and heart. So, the question on everyone's mind is: Are you ready to embark on this thrilling ride through Marvel Phase 5?



FASHION



Have you ever stood in front of your closet on the verge of tears since you can't find anything that gives you a jolt of confidence and is trendy at the same time for you to wear? No need to fear, fashion week is here! From Vogue to Harper's Bazaar, everyone has been waiting for the most hype-driven event of the year. The streets of New York, Milan, Paris and London have never looked any better! We present to you the best of fashion week:

WHAT IS FASHION WEEK?

It all started on July 19, 1943 in Paris. The sole purpose of Fashion Week was to give buyers alternatives to French fashion during World War II when workers in the fashion industry were unable to travel to Paris. Nowadays, fashion week occurs twice a year in the major fashion capitals of the world; New York (February 7-15), London (February 15-19), Milan (February 19-25) and Paris (February 25-March 5). Often, designers show their Spring/summer and Autumn/winter collections during the shows.

WHO USUALLY ATTENDS FASHION WEEK?

Usually, fashion houses aim for A-list celebrities or popular influencers, and that's because they provide the event with high exposure resulting in a large quantity of sales for them. Magazine editors and press are always there, as well as stylists and buyers which are a priority to the event. If anything manages to catch their eyes from the runway, a private appointment is held with a sales associate to discuss a resee or to buy the item.



HOW MUCH TIME DOES IT TAKE TO PREPARE FOR FASHION WEEK?

Surprisingly, it can take fashion houses months, which could go up to a year, to prepare for the runway. Everything from the fabric types, model castings and sketches to the actual runway's theme takes loads of effort with absolutely no time to spare. Remember, these houses could be a step in front or behind each other. At the end of the day, it all takes specific planning to achieve a picture-perfect show.



WHAT INFLUENCES FASHION?

What pushes designer's pencils is usually countless things. The most common one is the music industry, as at the end of the day, they both are ways of art. Music has greatly impacted fashion for decades; some examples are styles such as punk which is labeled as a music genre. Another example of what is being brought back in style is Y2K, also known as the early 2000s era. It was all about the low-rise skirts, bootcut jeans and a pair of chunky heels with an iPod in hand! Not only is the fashion coming back, but so is the music. Artists such as Justin Timberlake, Eminem and Madonna have all been getting popular again by the influence of social media. What comes around goes around!

WHO CATCHES UP TO THE TRENDS?

The most exclusive and professional line of work occurs at an event held in Paris called the Premiere Vision. It is a costly event to enter that deciphers all the main trends of the year and showcases them to top designers in the league in what is called "The Book" that displays the trends for the next season or two. As they mention, "It is the heart of a unique ecosystem of international textile trade fairs where inspiration, creativity and opportunities come together."



WHY DO THE CLOTHES LOOK SO ODD?

Typically, the clothes are meant to be something that has an idea or concept that the house wants to give out. They are not to be used every day but to give the viewer the brand aesthetic or a bold statement that comes with the season. As seen, none of the materials and fabrics used are practical and look comfortable at all. For example, in the summer/spring '23 Coperni show, the famous model Bella Hadid had her dress spray painted on the runway, which was considered an extremely innovative move that no one stopped talking about. It gives a great idea of what beauty and brains could do!

All in all, Fashion Week somehow manages to bring out the best or worst in known designers. Such opinions are exactly what the fashion industry needs nowadays. At the end of the day, fashion is an artistic thing that everyone views from their own point of view. All designs are valid through a designer's eyes.

By: Nour Kurdi

COCO CHANEL





Going from an orphaned girl to the only fashion designer on the top 100 most important people of the century, Coco Chanel was able to rise up from being on the breadline to becoming the owner of the fashion line that stands the test of time up to our very day.

Born in 1883 in the French region of Saumur, Gabrielle Bonheure Chanel was brought to life as the second daughter of Jeanne and Albert Chanel, of whom the first was a laundry cleaner and the latter worked as a street vendor. Sadly, at only the age of 12, Gabrielle's mother passed away, which led to her father abandoning her and her siblings leading to them growing up to spend the rest of their childhoods in an orphanage. There, Chanel tried to look at the half full glass, and took up sewing and singing as her hobbies. Although the impact of sewing came later on in her life, Chanel started to see potential in a singing career, and took it more seriously.

Becoming a professional singer meant that Gabrielle spent most of her days auditioning to sing in different places like restaurants and bars. Surprisingly though, that's when her nickname "Coco" was founded. Chanel often liked to sing the song "Who has seen Coco?" when auditioning, which led to her taking up "Coco" as her stage name and nickname. Unfortunately, her singing career didn't go as planned, and Coco Chanel was forced to work as a waitress.

After a few years passed and a lot of saving up, Coco bought a building in Rue Cambon (one of the most fashionable districts in Paris), and that's when her career in fashion took off. She opened a fashion boutique (named after her) in the building where she sold all types of fashion necessities like hats, dresses and accessories. By 1927, she already had 5 properties.



What made Chanel stand out so much was that she did everything but follow the trend at that time. In an era where women were forced to wear uncomfortably tight corsets, Coco Chanel believed that this wasn't how modern women were supposed to be dressing like, and that it was time to take the post world war one period to introduce sporty/casual/chic as the new feminine standard of style. She believed that luxury must be comfortable. This meant that all her fashion line's outfits embodied comfort without abandoning sophistication. Coco even brought in some male classics into the female wardrobe (like collared shirts and ties) but in an elegant, feminine way, which made her outfits all the more unique.

After becoming world-renowned for being a clothes designer, Coco Chanel decided to get into the world of fragrances. This took place when Chanel signed a contract with French businessman Pierre Wertheimer to sell her first-ever perfume, Chanel no.5, in his stores. The massive success of Chanel no.5 led the french designer to open up her own fragrance line, Parfums Chanel, which made the brand rise to even more fame.





Sadly, the Chanel era had to come to a temporary pause when the second world war broke out, which was when Coco came to the conclusion that "it wasn't time for fashion". During that time, Chanel moved her stores to the Hotel Ritz, which did cause some controversy at the time as it was where most german soldiers preferred to stay. However, everything settled down after the war was over, and the Chanel brand came back stronger than ever with accessories and handbags alongside the perfumes and clothes.

Chanel's life came to an end on the 10th of January 1971 (aged 87) in Paris, France and was buried in Lausanne, Switzerland.

Coco Chanel's legacy continues to live to our time, as Chanel is still a house-hold name, and remains one of the most luxurious brands one can dress from. Some of Coco Chanel's iconic pieces include the black dress (which is a staple in every wardrobe), the striped sailor shirt, the quilted Chanel purse and without a doubt, the Chanel suit and the no.5 fragrance. Of course, there's no need to say that Gabrielle Chanel's life story and her timeless classics will continue to live on forever.

By: Mennah Hossam

The Book Thief Review

1939. Nazi Germany. The country is holding its breath. Death has never been busier.

What kind of book do you expect to read? A story about the Jews, or perhaps, the Nazis? We get none of that. Instead, it's the story of Liesel, The Hubermanns (her foster family) and a Jew. Oh, and it's also narrated by Death.

DEATH AND COLOURS

Death sees the world as colours, or at least, that's how he tries. He has a sense of humour, and he even has a heart.

DEATH AND LIESEL

My goal today is to get you to read The Book Thief. So, where do I begin? Well, going into the book, I expected something completely different (perhaps a Schindler's List or a The Pianist kind of story), yet I still loved it. That should tell you enough. So, what is it about the book that's so good that you should read it? Well, I think a big part of it is how different the book is. When I read the first few pages, I was bewildered, to say the least. It was quite unlike any other book I've ever read, and I mean that in the best way possible.

The book starts off with a nine-year-old Liesel on her way to the Hubermanns. Her parents are Kommunists, a resistance party to the Nazis, so living with another familywas, they decided, best for Liesel. At her foster home, all was well and good until, of course, the war, for The Hubermanns

had a secret; a secret too Jewish for Nazi Germany. The Hubermanns secret arrived in the form of a Jew and was, if anything, a great source of happiness, anguish, and guilt. He felt guilt over his presence in the Hubermann house. That, however, did nothing to dampen his fighting spirit an ongoing theme for all the characters. Each character had their own mental struggle.

Guilt, loss of a loved one, and everything brought on by war. Some of them survived, but most didn't.

THE WORD SHAKER

The book features many themes, but the most significant of them, I think, is the power of words. In Hitler's case, he plants his words (his views on Jewish people) in the minds of the Germans, and cultivates them. He tends to them until they grow huge forests of words everywhere. Then he strikes. In Liesel's case, words are where she feels most at home. They're also what bond her to her family and the Hubermanns' secret. Liesel The Book Thief steals books so she can learn to read words that can both be so terrible yet so great. She also wasn't just A Book Thief. She was also, among other things, An Apple Thief, An Onion Thief, and A Potato Thief.

Now Then, How about we discuss what's not so good about the book? At times it felt like the book was quite long. There was a lot of rambling that didn't really add much to the plot, but does that make it a bad book? Absolutely not. In fact, I really enjoyed the scenes where nothing much was happening except the characters living their lives, but it is something to keep in mind if you don't like rambly books. To conclude, if you're looking for a light read, this is not the book for you. However, if you'd like a story about a girl, the war, and a very eccentric narrator (Death), this is definitely the book for you.

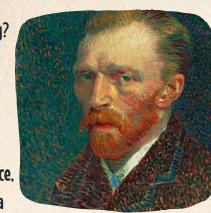
By: Aly Abovelela



THROUGH THE PATH OF PART



The Starry Night, Guernica, and Garden at Sainte-Adresse—these names seem familiar to you, but why? These pieces are the sad and occasionally happy portrayals of the artist's emotions on pieces of fabric decorated and colored with oil and dyes. With each painting they produce, they show how they perceive art in a way unique to their names.



VINCENT VAN GOGH:

To start, Vincent Van Gogh was born on March 30, 1853. He grew up in a small village located in the Brabant region of the southern Netherlands. Van Gogh was the eldest of the six children of Anna and Theodorus Van Gogh. It was reported that he was a calm, self-contained kid and would often go during his free time to discover and enjoy Mother Nature.

DURING HIS ADOLESCENCE, VAN GOGH'S UNCLE OFFERED HIM A JOB AS A TRAINEE AT THE INTERNATIONAL ART DEALER GOUPIL AND CIE. BEFORE HIS CAREER AS AN ARTIST, HE WORKED MULTIPLE JOBS, SUCH AS A LANGUAGE TEACHER, BOOKSELLER, ART DEALER, LAY PREACHER, AND MISSIONARY WORKER. AT THE AGE OF 27, VINCENT STARTED HIS DRAWING CAREER. SELFTAUGHT VAN GOGH MOVED AROUND DISCOVERING HIS TALENT IN PAINTING AND DRAWING.

By the year 1885, he achieved his first successful drawing. "The Potato Man"-which can be found now in the Van Gogh Museum, Amsterdam. Following it many paintings including the Courtesan, Café Terrace At Night, Fourteen Sunflowers in A Vase, The Bedroom, Self-Portrait With Bandaged Ear, and many more.

REPORTEDLY, VAN GOGH CUT OFF HIS EAR AFTER BEING INVOLVED IN A FIGHT WITH ANOTHER ARTIST PAUL GAUGIN, WHICH INSPIRED ONE OF HIS DRAWINGS.

UNFORTUNATELY, SHORTLY AFTER HIS CAREER BEGAN, VINCENT VAN GOGH DIED ON JULY 29, 1890 AT AGE 37. ON THE OTHER HAND, HIS PAINTINGS ARE STILL PREVIEWED BY MILLIONS OF PEOPLE AND THE PRICE OF HIS PAINTING CAN RANGE UP TO 117.2 MILLION DOLLARS (ORCHARD WITH CYPRESSES). AS VAN GOGH ONCE SAID, "ART IS TO CONSOLE THOSE WHO ARE BROKEN BY LIFE".

PABLO PICASSO:

WITHIN A CERTAIN VILLAGE IN SPAIN, A YOUNG ARTIST WAS BORN ON THE 25TH OF OCTOBER, 1881. NOT ONLY WAS HE GIFTED IN ART, WHICH IS WHY HE WAS NAMED THE SPANISH ARTIST, BUT HE WAS ALSO A SCULPTOR, PRINTMAKER, CERAMICIST, AND THEATER DESIGNER. PICASSO WAS BORN IN MÁLAGA, SPAIN, BUT FOR THE TIME IN WHICH HE SPENT HIS ADOLESCENCE, HE LIVED IN MADRID TO ATTEND THE ROYAL ACADEMY OF SAN FERNANDO. HE ALSO LIVED NEAR THE SOUTH OF FRANCE, STARTING FROM HIS QUITE YOUTHFUL YEARS UNTIL HIS UNTIMELY DEATH.

In the early stages of Picasso's Life, it was reported that he did not like going to school. Due to his short attention span, he became easily bored in class, and instead of focusing, he would spend time drawing and cutting figures from paper during his lessons. This is what kindled his artistic spirit. At the age of 13, Pablo Picasso was considered a child prodigy due to his out-mastering his father, an art teacher, in his own field. As a result of the situation, his father handed in his brushes and pallets to his son, swearing he'd never paint again.

ALL OF THIS WAS JUST CONFIRMATION THAT PABLO WAS GIFTED—NOT ONLY AS A PAINTER BUT MUCH MORE. HE WAS A FAST-PACED LEARNER; HE EVEN CURATED HIS OWN RETROSPECTIVE, WHICH LED TO HIM BECOMING A CELEBRITY IN HIS OWN LIFETIME.

PABLO WAS WIDELY KNOWN FOR HIS UNIQUE ART STYLE, WHICH WAS LIKE NO OTHER. YOU MAY BE WONDERING "WHY, THOUGH?" WELL, HE BROKE ALMOST ALL OF THE RULES OF THE SO-CALLED "ARTISTICALLY CORRECT" AT ART ACADEMIES, THOSE OF WHICH WERE THAT HE DISPOSED OF THREE-DIMENSIONAL PERSPECTIVE, ABANDONED HARMONIOUS PROPORTION, USED DISTORTION, AND BORROWED FROM THE ART OF PRIMITIVE CULTURES.

HE NEVER STOPPED REINVENTING HIS ARTISTIC STYLE;
NOTHING WAS OUT OF REACH AS HE CREATED HUNDREDS
OF PAINTINGS, SCULPTURES, CERAMICS, WATERCOLORS,
ENGRAVINGS, AND MUCH MORE. "HE SAID HE HAS NO
SECRET IN HIS WORK," SAYS THE ARTIST'S
GRANDDAUGHTER.



The blue period was a major period during Picasso's life, as his close friend Casegamas died unexpectedly, causing Picasso to fall into severe depression. Picasso was overwhelmed with misery and mourning at a young age, and blue tones began to overrule his pieces. The blue period seemed to reflect his relative poverty and instability, depicting beggars, street urchins, the old and the frail, and the blind with melancholic tones. This resulted in the birth of artworks such as the Old Guitarist, the Blue Room, the Tragedy, La Vie, and much more. "It was thinking about Casagemas's death that started me painting in blue", said Picasso.

"My whole life has been nothing more than the continuous struggle against reaction and the death of art", once said by Picasso. Death has always incorporated its way into his artwork, but it has also struck a way into his physical form outside of blank canvases. At the age of 91, on April X, 1973, Pablo Picasso, a Spanishborn painter and the greatest of his generation. Died of pulmonary oedema in Mougins, France.



By: Yassin Habashy & Farida Kamel





New Beginnings

He was there.

Staring at the moon.

The bright moonlight blinding his vision.

The wrinkles near his dark eyes creasing with signs of old age and terror. Nobody knew what he had seen, and nobody dared to ask. Sweat clinged to his skin like the memories he had made - vines wrapping around his brain refusing to let go, sinking deeper with every passing moment.

As he looked to the sky, he tried to loosen the vines by thinking of his light in this darkness. His late daughter.

The only good memory in this world, and he so carelessly threw it all away, and for what? For Nothing.

Her sweet smile. Her innocent gaze. Her joy at the small expectancies that life could bring - the ones he had ignored. He could still remember one memory as clear as day. Her bubbly giggle and her lit up eyes at the sight of the squirrel climbing a tree. Such an insignificant sight, one he had ignored in his fits of rage and greed.

Oh, how he missed her.

Guilt seeped through his veins like poison, ruining any chance of his last moments being peaceful.

For him, the light was gone. After that faithful night in the alley, he had lost his only light. Now, he was being constantly consumed by the darkness surrounding him. It shouldn't be possible for him to wake up and lay in darkness. It isn't even humanly possible. But that's what was happening daily, he awoke, and he rose; torturing his body day and night just for a taste of this sick pleasure.

The vines tightened. The expression on his face becoming almost unreadable with a perplexing mix of emotions; sadness, pain, guilt and strangely joy.

This would all be over. The pain could stop. The pain would stop. The pain will stop.

He would no longer have to suffer the burden of the torment he had endured and inflicted on this world throughout his final years.

His vines would unravel, and he would be free to lose himself in the pleasure of death and eternal bliss until he finds himself a way back. He would trade everything for those moments that plagued his mind which will continue to plague his mind until his final breath.

The vines loosened.

This was it.

He would leave all this behind.

He stepped onto the train's platform, leaving all his happiness, joy and mostly sadness behind. He would redo this somewhere else.

He would find his light again.

Maybe not here but somewhere another light is shining brightly. Waiting for him.

He took a deep breath as he watched the train leave the station. The soft rumble of the tracks pulsating throughout his body as he let out a sigh of relief.

The Insiders

your access to exclusive information

If you haven't heard already "The Insiders" is the newest club In school. This club will be doing all the creative stuff in school like photography, videography, graphic design

and interviews with students. the club will be working hand in hand with a lot of famous clubs and events in school such as The NMUN, Tedx and The Journalism Club.

To join the club fill the sign up sheet next to the ig office

#50

